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## **POST THIS IN A VISIBLE PLACE**

### **IMPORTANT NOTICE TO OBSTETRICS PATIENTS**

**GO TO THE QUEENSWAY-CARLETON HOSPITAL (3045 Baseline Road) IMMEDIATELY IF:**

- A** AMNIOTIC FLUID - You think your water has broken (fluid leaking from the vagina).
- B** BLEEDING FROM THE VAGINA
- C** CONTRACTIONS – Every 5 minutes for 1 hour.
- D** HEAD – Dizziness, bad headache.
- F** FETAL MOVEMENT – You are experiencing decreased fetal movement (less than 6 movements in 2 hours from 32 weeks on).

**The experienced nurses of the QCH Birth Unit are always available to answer questions pertaining to the above and can be reached at (613) 721-4700 ext 2127 (24 hours a day, 7 days a week).**