

Cesarean Section Skin Preparation

Childbirth Centre

It is recommended that all women having a cesarean section shower the evening before and the morning of their surgery with **SoluPrep Sponges (two packages each with an antiseptic filled sponge)** that can be purchased in the Gift Shop located in the Main Lobby.)

Gift Shop Hours

Monday to Friday 9 am to 4 pm and 5 pm to 8 pm
Saturday and Sunday 12 pm to 4 pm

now just solution
and no sponges

Skin Preparation: Stop shaving in the operative area one week (7 days) before your surgery date. Shaving can cause tiny nicks in the skin that may allow germs to enter your body and cause an infection. Have a bath or shower using the SoluPrep sponges. Each white packet contains 1 sponge filled with an antiseptic solution of 4% Chlorhexidine Gluconate (an antiseptic soap).

Instructions: Use one sponge the night before and one sponge the morning of your surgery. Wash your body with the soap in the sponge. Follow the instructions on the pamphlet except only scrub from below the breasts down. Do not scrub your face, neck or breasts with the soap. Dry your body with freshly laundered towels. Do not use body lotion. Put on freshly laundered clothes.



Queensway
Carleton Hospital