



WHAT TO PACK

A Few Things to Add.....

When packing for your hospital stay please include the following items:

- Sanitary pads (super/maxi absorbency) – 2 dozen
- Newborn Diapers – at least 2 dozen
- Facial tissues

The following items are usually included in mom's suitcase:

Mom:
Slippers/housecoat
2 nightgowns/pajamas
2 nursing bras & underwear
toothbrush and paste
blowdryer/curling iron
shampoo/soap
money for telephone/TV rental

Baby (for trip home)
2 sleepers
undershirt
sweater & hat
blanket
bunting bag/snowsuit
car seat